

RIVER YOGA



TEACHER TRAINING PROGRAM

200 HOURS ** FULLY CERTIFIED

JANUARY – APRIL 2012

The River Yoga Teacher Training Program is offered to dedicated Yoga students who are ready to deepen their practice, understanding and experience of Yoga.

Yoga is immeasurably more than asana, and our apprenticeship/teacher training program provides the in depth instruction, individual attention and time for the full experience of yoga to bloom and emerge. Our established program is fully certified by Yoga Alliance, and many of our graduates are currently teaching or have opened Yoga centers throughout the area.

Our 2012 program is scheduled over 9 weekends, held on Friday evenings (7 to 9:30 pm), Saturdays (1 to 6 pm) and Sundays (noon to 6 pm). The weekends of the program are: Jan. 13-15, Jan. 27-29, Feb. 17-19, Feb. 24-26, Mar. 9-11, Mar. 16-18, Mar. 23-25, Apr 20-22, Apr 27-29.

Cost : \$2995, \$2850 if paid in full by Dec 11

River Yoga
Hollyberry Square
5667 Old York Rd, Lahaska, PA 18931



*Curious about how to
share your love of yoga
with others and deepen
your own practice?*

Contact us for more info!

*www.riveryoga.org
phone: 215-794-1890
email: office@sryyoga.com*